



SHORT CIRCUIT



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JULY 2003 ISSUE

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If you have specific topics that you would like to see in the "Short Circuit" newsletter, please contact Jen at Fifth Avenue Medical. (319)298-0953 or toll free at (877)787-6790. Thanks!



Officers

President
Marilyn Cermak
912 Brown Street
Iowa City, IA 52245
(319)337-2466

Secretary
Jane Pasterski
1017 Raney Street
Hiawatha, IA 52233
(319)395-0595

Vice President
This position is open
if anyone is interested
in volunteering for it..

Treasurer
This position is open
if anyone is interested
in volunteering for it.

*A Special Thanks to
Fifth Avenue Medical*

FUTURE MEETINGS & EVENTS:

***Please note that you can tune into the following stations if a meeting is cancelled due to inclement weather: Radio KXIC 800 AM or KCJJ 1630 AM in Iowa City and WMT 600 AM or KCRG 1600 AM in Cedar Rapids. KCRG-TV or KGAN-TV.

JULY

Meeting Date: Thursday, July 24, 2003
Time: 1:00 pm
Place: Bishop's Buffet at Lindale Mall in Cedar Rapids

See page 3 for more details!

SEPTEMBER

Meeting Date: Thursday, September 25, 2003
Time: 6:30 pm
Place: Schwartz Center at St. Luke's Hospital, Cedar Rapids
Topic: Options for and control of gas build-up in pouches.

OCTOBER

Meeting Date: Thursday, October 23, 2003
Time: 6:30 pm
Place: Fanning Room, Mercy Medical Plaza-lower level, Iowa City

DECEMBER

Christmas Brunch
Date: Sunday, December 7, 2003
Time & place to be announced at a later time.

Please note that there are currently no scheduled events in August or November. We will update you either by newsletter or postcard if there are changes.

Direct Dues Billing Program

In January 2003, the UOA began billing and immediately accepting all payments for new memberships and renewals. Actually, the change is transparent to our members. You are still getting a bill and a pre-printed return envelope, but rather than having your payment directed to the local treasurer, your renewal is being sent directly to the UOA. The benefit is that the UOA will bill two additional times for renewals!



MEMBERSHIP

To become a member of the United Ostomy Association:

\$25.00 UOA membership fee includes the Ostomy Quarterly: FALL, WINTER, SPRING, SUMMER (October, January, April, July)

For more information on becoming a member, contact: Marilyn Cermak in Iowa City (319)337-2466

or

Jen McEnany at Fifth Avenue Medical in Cedar Rapids (319)298-0953

HELPFUL PHONE NUMBERS AND WEBSITES

AMERICAN CANCER SOCIETY 1-800-227-2345
www.cancer.org

CROHN'S & COLITIS FOUNDATION 1-800-343-3637
www.cafa.org

CONVATEC 1-800-422-8811
www.convatec.com

CYMED 1-800-582-0707
www.cymed-ostomy.com

FRIENDS OF OSTOMATES WORLDWIDE (FOW-USA)
www.fowusa.org

HOLLISTER 1-800-373-4060
www.hollister.com

UNITED OSTOMY ASSOCIATION 1-800-826-0826
www.uoa.org

UOA E-MAIL uoa@deltanet.com

WOUND OSTOMY AND CONTINENCE NURSES SOCIETY 1-800-224-WOCN (9626)
www.wocn.org





Additional Information



June 26th, 2003 Meeting Minutes

- Meeting is called to order by Marilyn Cermak
- The Up-coming UOA Meeting dates were reviewed:
 - July 24th 1:00 pm at Bishop's in Lindale Mall (Susan Berns will call Convatec and Hollister to see if they can attend)
 - September 23rd 6:30 pm at St. Lukes Hospital in Cedar Rapids
 - October 23rd 6:30 pm at Mercy Hospital in Iowa City
 - December 7th 11:30 am at Bishop's in Lindale Mall; Christmas Party
- A detailed resignation letter was read by Marilyn and Jane, from the previous Treasurer, Donna Baermann.
- A letter from Peggy Christ about the upcoming UOA Conference in Las Vegas was summarized.
- Keith Carlson, the UOA President of the Waterloo Chapter, has resigned because of illness.
- Members discussed: Personal Ostomy Care, the New Products that are available, Wear Times, Optional Products, Hernia Challenges, and How to Increase UOA Meeting's attendance levels.
- Susan Berns, E.T., shared a video of the UOA Youth Rally. We will sponsor a youth \$300.00 for the registration. The rally is held at St. Thomas University in St. Paul, Minnesota on July 12-16th. "Living Independently For Tomorrow, You Are Not Alone" is the motto for the rally. We can make a difference in these young peoples lives. Milo Hodini made the motion and Bud Beck seconded the motion. Jane will call the mother of one of her ostomy youth customers, age 12, to see if he is interested in attending the rally, this year or next.
- Treasurer Account Balance: \$1026.35
- New Attendee: Richard Ford from Lisbon. Richard is celebrating his 2nd anniversary of life with an ostomy.

Respectfully, Jane Pasterski, Secretary



Upcoming Iowa City Area Ostomates Meeting

Date: Thursday, July 24, 2003

Time: 1:00 pm

Location information:

Place: Bishop's Buffet at Lindale Mall in Cedar Rapids

Address: 4444 1st Ave. NE
Cedar Rapids, IA 52402

Phone: 319-393-9794

RSVP: Not necessary, but if you have questions, you may call: Marilyn Cermak in Iowa City @ 319-337-2466, or Jean Beck in Cedar Rapids at 319-393-0587.

Topic: Diane Humphrey from Hollister will speak at the meeting and review new product options.

Thank you for your support of this worthwhile organization. Please feel free to contact one of the members listed in this mailing if you have any questions about becoming more involved.